

Saturday-Sunday, January 3-4, 2009

ANAHEIM CONVENTION CENTER

Anaheim, California



1ST ANNUAL NATIONAL THROWS SUMMIT

Presented by 

www.nationalthrowssummit.com

QUESTIONS & ANSWERS:

Q: What is the National Throws Summit?

A: The **National Throws Summit** is a 2-day coaches clinic and athlete practice sessions taught by some of the best throws coaches and elite throwers in America. The Summit is designed to be an annual national forum to enhance the expertise of throws coaches and improve the depth of performances in the shot put, discus, javelin, and hammer at every level of our sport.

Q: Will all throwing events be practiced and contested indoors?

A: **Yes...** except for an **Elite Shot Put Exhibition** for our Beijing Olympians that will be held outdoors on Saturday evening in Downtown Disney. For Saturday's practice session, all implements will be thrown into nets from circles and runway stations set up in the Convention Center. (Our hall is 147,000 square feet.) On Sunday afternoon, USATF-sanctioned indoor competitions will be held in the men's and women's shot put.

Q: Do I need to bring my throwing implements to the Summit?

A: **No**, they will all be provided for you at the Summit.

Q: How do I enter the Sunday Indoor Shot Put Competition? Do I have to be registered for the Throws Summit in order to compete?

A: Entries for the men's and women's shot put competitions will be taken during packet pick-up on Saturday, January 3 from 8:00-9:00am in the lobby of Hall-B of the Convention Center where, later in the day, flights and competition times will also be posted. You must be registered for the Summit in order to compete.

Q: What is the age-limit for participating in the Throws Summit?

A: **Participants must be 14 years of age on 1/01/09**, or be enrolled as a high school freshman.

Q: What is the registration fee for the Throws Summit?

A: **The advance registration fee is \$199.00**

For local California residents who do not stay overnight in the Anaheim Resort Area, the total fee is \$199.00 and includes a Twilight® Ticket for admission to *Disneyland Park®*, all taxes, a commemorative shirt, plus a book of clinic notes. ("Local" is considered those who reside in Los Angeles, Orange, San Diego, San Bernardino, or Riverside Counties).

Participants who spend the night in the Anaheim Resort Area will receive a Twilight® Ticket for admission to *Disneyland Park®*, a 3-day Anaheim Resort Transit Pass, a commemorative shirt, a book of clinic notes, and 2 nights lodging. The value of the package is determined by the lodging chosen, includes all taxes, and must be paid in advance by December 26, 2008, through GET Travel Sports and Events.

Q: Can I book my hotel on my own or through an agency other than GET TRAVEL?

A: No. Nearly all national meetings like the Throws Summit contract with a single agency for hotel and travel booking because economies of scale enable that agency to offer attendees the lowest possible hotel rates and travel packages. This enables us to offer a very competitive price for hotels within walking distance of the Anaheim Convention Center. **GET Travel** is also handling registration and producing credentials for the Summit. We believe that being able to register for Summit and arrange for travel, hotel, and a Disney Admission Ticket through a single agency is the easiest, most convenient, and most economical method for people to attend the Summit.

Q: Are there any SPECIAL EVENTS that are being held in conjunction with the Throws Summit?

A: YES! Late Saturday afternoon an **athlete celebration experience** is being held for Summit participants at *Disney's California Adventure*®. Later Saturday evening there will be the men's and women's **Elite Shot Put Exhibition** in Downtown Disney featuring many of our Beijing Olympians. After the Shot Put Exhibition will be an **Invitation-only Reception at the ESPN Zone** for the elite athletes and coaches participating in the Summit.

Q: Is there a reduced registration fee?

A: Yes, by booking early. Event day registration on January 3 will include a \$50 late fee. Also, event day registrants will not be able to participate in the **athlete celebration experience** at *Disneyland Park*® on January 4th.

Q: Are there any discounts available for teams?

A: Yes. Coaches who register ten or more athletes will receive a rebate check after the Summit in the amount of **\$20 per athlete**.

Q: I'm a parent of a thrower participating in the Throws Summit. If I want to attend as a spectator, do I have to pay the registration fee?

A: On Saturday, you have to be registered for the Summit in order to enter Hall-B or the clinic classrooms. On Sunday, spectator admission for the Indoor Shot Put competition is **\$10**. Kids 12 and under are free.

Q: If I'm coming from outside Southern California, why do I have to stay in one of the three host hotels?

A: Because your doing so enables us to offer the lowest room rates possible at three nearby hotels to everyone attending the Summit.

Q: When will we have time to go to Disneyland during the Summit? What if I don't want to go to the theme parks?

A: The Summit schedule provides time to visit the *Disneyland*® from 4:00pm-closing on both Saturday and Sunday. However, your Admission Ticket can be used anytime in the 11-months following the Summit. Including the *Twilight*® Ticket in the registration package enables us to give all Summit attendees the opportunity to visit *Disneyland Park*® for the lowest possible admission fee...either during the Summit, or sometime afterwards in the next 11-months.

CONTACT:

Skip Stolley

Director, 2009 National Throws Summit

Tel (310) 453-7655 Fax (310) 829-6926

Email ssolley@aol.com Website www.nationalthrowssummit.com